5-Day Declutter Challenge

A simple, effective plan to reset your home - one day at a time.

Day 1: Entryway Reset

Declutter shoes, coats, bags, and keys. Keep only daily-use items. Add a small basket for essentials.

Day 2: Kitchen Tidy

Clear one countertop. Remove or donate 5 unused gadgets, expired spices, or duplicate utensils.

Day 3: Closet Cleanout

Donate 5 clothing items you haven't worn in 6+ months. Fold remaining items vertically.

Day 4: Bathroom Refresh

Throw away expired products. Wipe down all surfaces. Organize items by category.

Day 5: Digital Detox

Declutter your phone home screen or computer desktop. Delete unused apps and sort key folders.